Newtown Square, PA – Congressman Joe Sestak (D-PA) continued his "Congress on Your Corner" program this week at Gentile's Market in Newtown Square. This program was set up to give constituents the chance to meet with Joe and tell him what issues and/or problems are important to them, so that he can do a better job of representing then in Congress. Congressman Sestak feels that both accountability and accessibility are the keys to being an effective Representative and remains committed to both. Rather than expect people to go to his Washington, DC office he tries to make himself available to them by holding events nearby. This is the essence of the Congress on Your Corner events and program. — "This is our ninth Congress on Your Corner event and I find this is the best way for me to hear directly from constituents about what they need me to do for them and the District while I am in Congress," Joe said, "As a Congressman my goal is to provide my constituents with the best possible service. Through these meetings I am able to hear directly the opinions of my constituents and help them secure access to healthcare, a quality education, veterans' benefits, or assistance for small businesses and economic development."

At the Congress on Your Corner events, Rep. Sestak and his staff are available to discuss issues that are on the voters minds, listen to their opinions and even open case files to help them with any problems they may be having with a federal agency. In addition, Congressman Sestak provides materials from the federal government, including forms, brochures, and informational packets on Social Security, Medicare, Veterans benefits, and federal financial aid programs.

Born and raised in Delaware County, former 3-star Admiral Joe Sestak served in the Navy for 31 years and now serves as the Representative from the 7th District of Pennsylvania. He led a series of operational commands at sea, including Commander of an aircraft carrier battle group of 30 U.S. and allied ships with over 15,000 sailors and 100 aircraft that conducted operations in Afghanistan and Iraq. After 9/11, Joe was the first Director of "Deep Blue," the Navy's anti-terrorism unit that established strategic and operations policies for the "Global War on Terrorism." He served as President Clinton's Director for Defense Policy at the National Security Council in the White House, and holds a Ph.D. in Political Economy and Government from Harvard University. According to the office of the House Historian, Joe is the highest-ranking former military officer ever elected to the U.S. Congress.